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For Immediate Release by Nikki Biese
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RENEWING A CULTURE OF LIFE, ONE PEDAL STROKE AT A TIME

St. Louis, MO. and Arlington, VA. - It's a blistering morning, and eight young adults ride through heat, thirst, and aches, for women and children they may never meet. Their four support crew counterparts wait around the next farm field with water, sunscreen, and yet another protein bar. "For the mamas! For the babies!" the support crew shout. Six days of riding 600 miles across America. These young adults train for months as they rise up in solidarity with women in unexpected pregnancies.

This July, 92 missionaries will embark on a cross-country cycling expedition called the National Ride. Riding with Biking for Babies means they will go the extra mile to love others and celebrate their dignity unconditionally. Each missionary is paired with a pregnancy center to promote that center's mission of providing free support and resources to those experiencing unexpected, difficult, or at-risk pregnancies.

In preparation for this epic ride, riders and support crew deepen their relationship with God. Director of Missionary Formation Aubrie Faust shares, "[t]he focal point of formation is an encounter with the teaching that every human person has immense dignity because they have been made in the image of God. This experience fosters growth in virtue and provides missionaries an opportunity to make an immense gift of themselves for women who must also give much of themselves in their decision to choose to continue their pregnancy and beyond."

Celebrating our 15th year, Biking for Babies has formed 216 young adult missionaries who have cycled over 31,000 miles, raised awareness and over \$1.61 million for 127 pregnancy centers. Beyond numbers, we believe that our own personal growth and joyful witness to the goodness of life will renew the culture of life in the long term. In the short term, we believe that women will feel most supported in their pregnancy if given the financial and emotional resources to do so.

Executive Director Nikki Biese shares, "[w]omen served by pregnancy centers are looking for hope in their crisis; they find hope as well as a voice saying they can do this, and we are here to help. Women are welcomed and loved unconditionally, and these centers extend that love to their unborn children, born children, and families. Our team is driven to provide countless more women that hope and to bring about a world where advocating the thriving of all, from conception to natural death, is not only the best option, but the only conceivable option."

Women and men served by pregnancy resource centers need our support. We invite you to visit www.bikingforbabies.com for information on how you can get involved, including cheering us on, donating, and joining as a young adult missionary next year. Follow Biking for Babies on [Facebook](#), [Instagram](#), and [YouTube](#).

Teams that converge in St. Louis, Mis., on July 13 will leave from Green Bay, Wis.; Columbus, Ohio; Huntsville, Ala.; Ann Arbor, Mich.; Rochester, Min.; and Lincoln, Neb. Three teams riding into Arlington, Vir., on July 13 will leave from Columbus, Ohio; Belmont Abbey, NC; and Amsterdam, NY. If you see our teams on the road, be sure to say a prayer and cheer them on. Each of us needs to put our prayers into action and make a difference as we answer the universal call to defend life.