

SENSORY FRIENDLY

Mass

St. Elizabeth Ann Seton Catholic Church

10700 Aboite Center Road, Fort Wayne, IN 46804

6pm - First Tuesday of the month

What is a Sensory-Friendly Mass?

A Sensory-Friendly Mass is generally 30 minutes long and requires three main criteria: a welcoming environment; an informed community; and special accommodations such as low lights, a short homily, no music or bells, and lack of incense to help reduce over-stimulation

Why is a Sensory-Friendly Mass Necessary?

A Sensory-Friendly Mass provides a safe and comfortable setting for children and adults with sensory challenges, mental illness, or any kind of disability to feel engaged and experience Mass in a meaningful way with family and caregivers

Who Can Attend a Sensory-Friendly Mass?

Parishioners & non-parishioners are welcome. The Mass can provide families a place to pray together, free from judgment. There are also opportunities to serve at this Mass

Questions?

Contact Allison at 260.399.1452 or asturm@diocesefwsb.org

livestream: www.facebook.com/SEASFW/



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