

# SENSORY FRIENDLY

# Mass

St. John the Baptist Catholic Church

4500 Fairfield Avenue, Fort Wayne, IN 46807

5:45 pm - Second Friday of the month

## What is a Sensory-Friendly Mass?

A Sensory-Friendly Mass is generally 30 minutes long and requires three main criteria: a welcoming environment; an informed community; and special accommodations such as low lights, a short homily, no music or bells, and lack of incense to help reduce over-stimulation

## Why is a Sensory-Friendly Mass Necessary?

A Sensory-Friendly Mass provides a safe and comfortable setting for children and adults with sensory challenges, mental illness, or any kind of disability to feel engaged and experience Mass in a meaningful way with family and caregivers

## Who Can Attend a Sensory-Friendly Mass?

Parishioners & non-parishioners are welcome. The Mass can provide families a place to pray together, free from judgment. There are also opportunities to serve at this Mass

**Questions?**  
Contact Allison at 260.399.1452  
or [asturm@diocesefwsb.org](mailto:asturm@diocesefwsb.org)

livestream: [www.facebook.com/SaintJohnFortWayne](https://www.facebook.com/SaintJohnFortWayne)



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