“You are beautifully and wonderfully made.”

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### Anne Therese Stephens, CFCP

# Creighton Model Fertility Care System

Myth Busters!

Women are often fertile during their menses!

A natural method for avoiding pregnancy is 98% effective!

Charting your menstrual cycle helps identify potential underlying medical conditions from PMS even to cancer!

Come to an Introductory Session to learn more about your menstrual cycle!

**All Sessions are held at St. Elizabeth Ann Seton Parish, Fort Wayne. Cost is $50 per couple/woman.**

Tuesday, February 4 @6:30 pm.

Saturday, February 22 @ 11 am

Tuesday, March 10 @ 6:30 pm

Saturday March 21@10 am

Saturday, April 4 @10 am

Tuesday, April 21 @ 6:30 pm

Tuesday, May 5 @ 6:30 pm

Tuesday, June 9 @ 6:30

Tuesday, June 16 @ 6:30

**Registration is required!**

**Additional Intro Sessions are available upon request. Financial Aid is also available. Please email Anne Therese Stephens at** [**atsihm@yahoo.com**](mailto:atsihm@yahoo.com) **or call 262-527-2364 to register or with questions.**

