



SPEAK<sup>up</sup>



UNIVERSITY of SAINT FRANCIS™

# GATEWAY TO HOPE

**A CHURCH & MENTAL HEALTH TRAINING EVENT**  
AT THE USF ROBERT GOLDSTINE PERFORMING ARTS CENTER

**The Lutheran Foundation and the University of Saint Francis present** the *Gateway to Hope* series which offers strategic solutions and expert resources to assist the local church, other helping professions and concerned individuals in providing support and compassionate assistance for people living with mental health challenges. *Gateway to Hope* offers a three-fold toolkit of resources for a faith community's mental health ministry in helping to build and restore lives to health and wholeness.

**NOVEMBER 13**

## Empower Training

**10:00AM-3:30PM**

Designed to help the local church identify mental illness, provide safe and effective situational response, and build a network to quickly connect those in distress with professional care using the "4 R's" framework: Recognize, Refer, Relate, Restore.

**NOVEMBER 14**

## Transform Training

**10:00AM-12:00PM**

Build and sustain supportive groups within your faith community for individuals with mental illness and family members. Church ministry staff and lay leaders will be trained in a curriculum that leads to launching supportive and nurturing groups in the church.

**COMING 2019**

## Renew Training

A four day long curriculum training to become certified as a peer mental health coach using the Gateway to Hope "Thrive" curriculum. The Gateway to Hope staff will continue to provide ongoing support to ensure greater effectiveness.

**Register today**

[TheLutheranFoundation.org/events/gateway-to-hope](http://TheLutheranFoundation.org/events/gateway-to-hope)



SPECIAL PERFORMANCE BY

**ADDISON AGEN**