

## An enriching learning experience for...

**People wondering**, “How can I follow Jesus’ plan for my life, in this time and place?”

**Parents** who want to help their children live their faith and recognize their charisms (spiritual gifts)

**People in transition** who might be changing jobs, adjusting to an empty nest, returning to the workplace, or facing retirement

**New or returning Catholics** who want to explore what it means to live their faith fully as an adult

**Catholics discerning a call to religious life** or ordination

**Parish staff and leaders** who want to nurture and empower parishioners

CATHERINE OF SIENA  
INSTITUTE  
EQUIPPING PARISHES TO FORM LAY APOSTLES

## What people are saying

“ A superb experience.

*Beautiful, polished, humorous presentation.*

*It is awesome to me that you have actually found a format to give expression to the process of discerning gifts! Presentation was great!*

*For me, the idea that I stand in the place of Jesus in my life, in my encounters with my family, my friends, and my little daughter has been revolutionary. Until now, I’ve thought that I was not worthy to untie Jesus’ sandals. Now it seems I am to put them on and walk as though they fit.*

*The workshop clearly called out that all baptized people have been given the power, authority, and jurisdiction to stand in Jesus’ place to reach people who would not otherwise be reached. ”*

All testimonials are from Called & Gifted Workshop participants.



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CALLED & GIFTED  
DISCERNMENT PROCESS

# YOUR FIRST STEP: THE CALLED & GIFTED WORKSHOP

## Discover God's call for your life

God is calling you to a unique purpose in life, a work of love that only you can do. Discern your charisms (spiritual gifts) and begin to discern God's call. You have received gifts in Baptism and Confirmation through which God intends His love to reach others. Come and discover these charisms in you!

The Called & Gifted discernment process begins with a workshop presentation which includes Church teaching on the laity and lay apostleship, the nature of charisms, call and vocation, and how to undertake the process of discernment.



## What you will learn from the initial workshop

The **ancient teachings** of the Church on how the charisms of the Holy Spirit work in your life and in the life of your parish community

The **five steps of discerning** the charisms that God has given you

The **signs and characteristics** of 24 of the most common charisms of the Holy Spirit

How discerning your charisms **can change your life**

How discerning your charisms **can change the world** and help spread the Gospel

How discerning and using our charisms together can **help transform and renew our parishes**

## What you will receive

### **A copy of the CATHOLIC SPIRITUAL GIFTS INVENTORY**

This 60-page inventory covers the characteristics of 24 of the most common charisms and the discernment process.

### **DETAILED PARTICIPANT MATERIALS**



## After the workshop, what are my next steps?

The initial workshop is just the **first step** of the charism discernment process.

**Step Two** is a one-hour gifts interview with a trained interviewer, available in-person at selected locations internationally, or by phone or Skype through the Catherine of Siena Institute. Your interviewer will help you sift through your inventory results and determine where to start your discernment.

**Step Three** is a six- to eight-week guided experience of intentional discernment. Materials to be used for this step, by a local facilitator, are available from the Institute.

**To learn how your parish or diocese can benefit from the full Called & Gifted discernment process, contact the Institute and ask to speak to the Called & Gifted team. We are here to help.**