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# TODAY'S CATHOLIC

Volume 93 No. 29

50¢

TODAYSCATHOLIC.org

## Youth confirmed at low-sensory Mass



Jennifer Miller

**Kaitlyn Knippen of St. Charles Borromeo Parish, Fort Wayne, is confirmed by Bishop Kevin C. Rhoades during a special Mass designed to facilitate reception of the sacrament by young people with disabilities.**

BY JENNIFER MILLER

Ten candidates for confirmation came from around the Diocese of Fort Wayne-South Bend Saturday, Sept. 7, to receive the fruits of the Holy Spirit at Our Lady of Guadalupe Church, Warsaw.

The Mass was the first of its kind in the diocese, and many pastors from the represented parishes were also present.

Each of the confirmed is liv-

ing with a handicap that would have made participation in a standard confirmation Mass difficult. At a typical confirmation Mass the pews are crowded with family members, ponderous liturgical music with extra sequences resounds, the homily may include a question-and-answer session and dozens of candidates are confirmed. The Mass at Our Lady of Guadalupe Church mitigated these concerns. Still licit and valid, at the low-sensory confirmation Mass worshippers occupied only

every other pew, the music was muted and consisted of a soft opening and closing Communion hymn. Parts of the Mass that are normally sung were instead said quietly, including the bishop's blessing with the Gospel book; and no extra stimuli, such as percussion instruments or flash photography, were present.

For the candidates and their families, it was a godsend.

"We offered this Mass due to a family's request," said Allison Sturm, of the Office of Ministry

with Persons with Disabilities. Sturm and her colleague, Mary Glowaski, assistant to Bishop Kevin C. Rhoades in pastoral care, have adjusted the way the Ministry with Persons with Disabilities operates, beginning with how they start to plan programs — that is, by listening closely to the people they serve.

Doing so, she explained, has changed everything.

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## TODAY'S CATHOLIC

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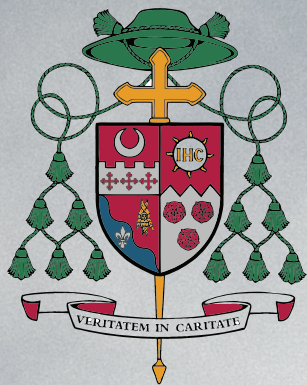
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BY COLLEEN SCHENA

Christ tells His disciples to “go and make disciples of all nations” in the Gospel of Matthew. They joyfully took the message forth, going to the ends of their world and encountering others, even accepting martyrdom to further the love that Christ proclaims. In all of these acts, the number of disciples multiplied.

To nurture the zeal for modern discipleship and the impact it can have, support is necessary in the forms of prayer, volunteerism and donations. The Annual Bishop's Appeal provides a tangible opportunity for Catholics to share the treasures of the faith in the manner of disciples. Through financial contributions, the support needed for vital ministries is provided. The ministries, in turn, serve those in need in the Diocese of Fort Wayne-South Bend.

The clergy and those discerning a vocation to the priesthood are among the people and ministries supported by the Annual Bishop's Appeal. Bishop Simon Bruté College Seminary in Indianapolis, provides education and formation for the next generation of passionate priests.

“Entering Bruté has been the greatest decision of my life,” affirmed Nicholas Monnin, a junior seminarian.

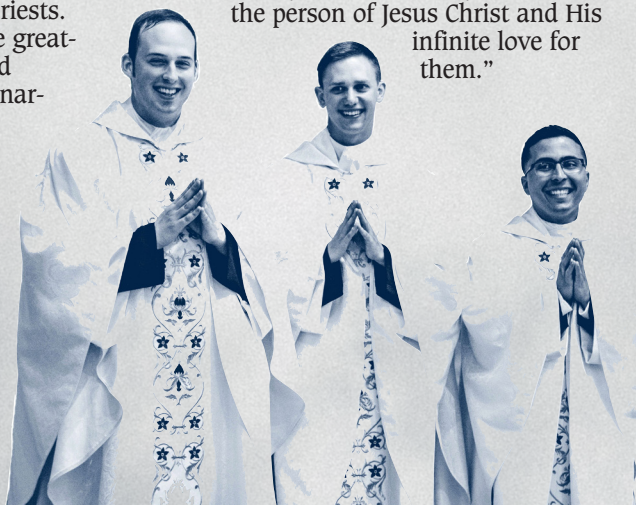
Having been a part of Bruté since his freshman year, Monnin has grown through communal life with his seminary brothers; the community has provided invaluable support in his discernment of the priesthood.

“Being in seminary has taught me a lot about myself: my talents, my flaws, my blessings, my crosses. Having this knowl-



edge about myself allows me to better enter into relationship with other people and has made me into a better man.”

As part of life at the college seminary, Monnin is pursuing an academic degree and engages in ministry at Marian University, also in Indianapolis. His experiences with his seminary brothers and with other students at the Catholic university have given him space and time to learn what he needs to know about himself, his relationship with God, and how to minister to others. “My time at Bruté has also taught me what my gifts are and how I might be called to use those in ministry ... I want everyone to know the person of Jesus Christ and His infinite love for them.”



# Providing for discipleship through the Annual Bishop's Appeal

The Annual Bishop's Appeal also provides for Catholic schools throughout the diocese. It encourages lifelong learning by assisting Catholic schools, their students and their teachers.

In providing for the needs of the many, education is a great tool; but it's not the only need the Annual Bishop's Appeal helps meet. Several local Catholic charities seek to serve the diocese and the world by spreading the love of Christ through a meal or safe shelter. Other ministries, such as those that serve the Hispanic community, strive to support present and future disciples with important conversations, training and prayer.

Donations to the Annual Bishop's Appeal also support the critical evangelization of the faith through its financial commitment to diocesan communications, youth and young adult ministries and parish-based evangelization programs that enrich those who participate, while at the same time engaging and embracing new disciples into the fold.

This year's appeal has a goal of \$5.59 million. To help the appeal reach its goal by November, venture to the appeal website at [diocesefwsb.wixsite.com/aba2019/donate-give](http://diocesefwsb.wixsite.com/aba2019/donate-give) and click “Quick Gift” for a one-time donation or “Pledge” to pay in installments. Pledge cards can also be filled and checks written to “Annual Bishop's Appeal.” Both can be dropped into any parish collection basket or mailed to the Annual Bishop's Appeal office, 915 S. Clinton St., Fort Wayne, Indiana, 46802. Visit the website for more information or to pledge any time before October's end.

Prayerfully consider aiding in the mission of discipleship. Gifts to the Annual Bishop's Appeal are far reaching, helping to support those in need and those who serve.

# GO AND MAKE DISCIPLES

ANNUAL BISHOP'S APPEAL  
BEGINS SEPTEMBER 22, 2019

# Legal professionals to invoke Holy Spirit at Red Masses

BY JENNIFER MILLER

At the start of each judicial year, Catholic legal professionals gather together to pray and worship, invoking the Holy Spirit. The St. Thomas More societies of South Bend and of Fort Wayne will host Red Masses on Sept. 30 and Oct. 1, in honor of the Holy Spirit and to seek His gifts, such as wisdom, understanding, counsel, patience and courage, which are necessary for the administration of justice. Bishop Kevin C. Rhoades will celebrate the Masses.

In South Bend, the liturgy will begin at 5:15 p.m. Sept. 30 at the Basilica of the Sacred Heart on the campus of the University of Notre Dame. A heavy reception at Eck Commons at The Law School follows. Bishop Rhoades and G. Marcus Cole, dean of the school, will address attendees.

In Fort Wayne, the annual Red Mass will be celebrated Oct. 1 at 5:30 p.m. at the Cathedral of the Immaculate Conception. A dinner reception will take place at the Archbishop Noll Catholic Center: Reservations are required to attend the dinner. Guest speaker Judge Amy Coney Barrett of the U.S. Court of Appeals for the 7th Circuit, will address St. Thomas More Society members and others present.

Scott Hall, attorney for the diocese, shared: "Judge Barrett's presence will be especially meaningful given the grilling she got by Senate committee members when she was nominated for the appellate court post a couple years ago. Her Catholic faith and beliefs were brought front and center (and) used as evidence to question her suitability for the position."

Hall, along with Judge Kenton Kiracofe of Wells County, who heads the Fort Wayne St. Thomas More Society, welcomes all members of the legal profession to the Red Mass.

Before serving on the bench, Judge Barrett was a professor at The Law School, where she still teaches. She earned her J.D. summa cum laude from Notre Dame, where she was a Kiley Fellow. She earned the Hoynes Prize, The Law School's highest honor, and served as executive editor of the Notre Dame Law Review. She clerked for Judge Laurence H. Silberman of the U.S. Court of Appeals for the D.C. Circuit and for Associate Justice Antonin Scalia of the U.S. Supreme Court. As an associate at Miller, Cassidy, Larroca

and Lewin in Washington, D.C., she litigated constitutional, criminal and commercial cases in both trial and appellate courts.

## The Red Mass through the centuries

The Red Mass has been celebrated by the Catholic legal society since the 12th century. Early records from Paris, France, indicate a Red Mass being celebrated in 1245 and in medieval England about 1310.

The date was pegged to the beginning of the "Michaelmas Term," the quarter year beginning around the feast of St. Michael on Sept. 29.

The Red Mass came to the U.S. in October of 1928. It was first celebrated in New York's old St. Andrew Church, located in the shadow of towering

state and federal courthouses. Red Masses gained popularity toward the end of the 19th and beginning of the 20th centuries, and the most well-known Red Mass is offered at The Cathedral of St. Matthew the Apostle, Washington, D.C. It's often attended by Catholic supreme court justices and other prominent judges and politicians.

Originally, the long robes the lord high justices and judges in the 12th and 13th century in England were bright scarlet. Spiritually, too, there is a connection to the color red. Red is the liturgical color of the Holy Spirit, as seen during Pentecost. The venerable custom of calling this

Mass a Red Mass derives from the red vestments of the celebrant, representing the tongues of fire of the Holy Spirit.

Attorney Stephen Judge, head of the St. Thomas More Society in South Bend explained further. "First, the prayers of the Red Mass invoke the blessing and guidance of the Holy Spirit on lawmakers and lawyers — the texts of the Red Mass are typically taken from the Votive Mass for the Holy Spirit. Second, red is the proper liturgical color for martyrs and thus for our patron, St. Thomas More. In fact, Bishop Rhoades has at least once offered a votive Mass for St. Thomas More, for the Red Mass."

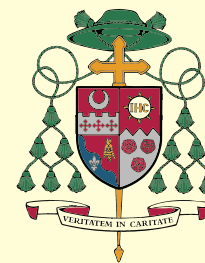
"The reason the judicial year begins in October is also historical and traditional. The English year was divided into four quarters, each beginning on a 'Quarter Day,'" Judge said. "Michaelmas was the beginning of the autumn quarter and marked the return from summer recess for many institutions, including courts and schools. The tradition carried over to the United States, and each U.S. Supreme Court term begins in October and runs through the end of June." For most courts there's no similar summer recess, however.

## Subject to the Truth

For the faithful practicing the legal profession, the Red Mass is an important marker in both their personal and professional lives.

"Although the Red Mass dates to a time when there wasn't nearly as much formal separation between Church and State, it's still very significant for the legal community and individual

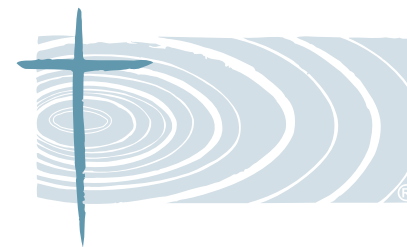
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## Public schedule of Bishop Kevin C. Rhoades

Sunday, September 15: 7:30 p.m. — Mass, St. Francis Chapel, University of Saint Francis, Fort Wayne  
 Tuesday, September 17: 8:30 a.m. — Mass with Blessing of Recently Renovated St. Joseph School, Fort Wayne  
 Tuesday, September 17: 6:30 p.m. — Blessing of Newman Center, North Manchester  
 Wednesday, September 18: 7 p.m. — Talk to Belles for Life, Rice Commons, Saint Mary's College, Notre Dame  
 Thursday, September 19: 11 a.m. — Mass, St. Joseph Cemetery, South Bend  
 Friday, September 20: 10:30 a.m. — Mass for Catholic School Mission Day, Saint Joseph High School, South Bend  
 Saturday, September 21: 9:30 a.m. — Mass for Confirmation Rally, Saint Joseph High School, South Bend

## Poor Handmaids of Jesus Christ



Partners in the work of the Spirit

## Media Statement from the Provincial Team of the Poor Handmaids of Jesus Christ

Susan Whitten, a deceased former member of the Poor Handmaids of Jesus Christ, has been accused of the sexual abuse of a minor. Whitten left the Poor Handmaid Congregation over 50 years ago when she was dispensed from her vows in 1967. Whitten's last assignment prior to her dispensation was at Bishop Dwenger High School in Fort Wayne, IN.

A member of Bishop Dwenger's class of 1967 has accused Whitten of engaging in an inappropriate relationship. Out of respect for the privacy of the individual who made this credible allegation, the Poor Handmaids will not say anything further regarding the allegation or the response to it.

The Poor Handmaids are saddened to hear of this abuse. The safety and well-being of all children, including all those served by the ministry of the Poor Handmaids, is of the highest importance to us. Abuse of any kind is appalling. The mission of the Poor Handmaids affirms our desire to respect and value each person we serve and to search for justice. Poor Handmaids are committed to responding to any allegation of abuse pastorally, with compassion and sensitivity to all those who may be affected. The Sisters' prayers go out to the individual who brought this allegation.

Contact: Ms. Julie Dowd  
 Communications Director  
 Poor Handmaids of Jesus Christ  
 Telephone: 574-936-9936  
 jdowd@poorhandmaids.org

Most Rev. Kevin C. Rhoades, Bishop of Fort Wayne—South Bend, invites you to this ancient rite to ask God's blessing on all those who serve the people as lawyers, judges, civil government officials, teachers and students of the law and political science.

2019  
**RED MASS**  
 SEPTEMBER 30  
 5:15 PM

Basilica of the Sacred Heart  
 University of Notre Dame

Reception to follow:  
 Eck Commons  
 Notre Dame Law School

For more information, contact:  
 stthomasmoresb@gmail.com

# Pope leaves Mozambique urging reconciliation, care for each other

BY CINDY WOODEN

MAPUTO, Mozambique (CNS) — When Jesus told his disciples to love one another and pray for their enemies, he meant it — even disciples in a nation like Mozambique, where political tensions have led to violence, war and death, Pope Francis said.

The pope ended his visit to Mozambique Sept. 6 with a visit to a health center founded to care for people living with HIV/AIDS and with a Mass nearby in Maputo's Zimpeto Stadium, where a late winter rain fell intermittently.

Bernadete Silva Fungalane came to the Mass from the Diocese of Pemba, in the northern Cabo Delgado province, where outbreaks of violent killings and pillaging have terrorized the population for the past few years.

Wearing a headwrap and a skirt made of blue fabric with the pope's image, she told Catholic News Service that the pope "can help stop the violence, first of all because he unites people. His words about reconciliation are very important for our people."

Before the recitation of the rosary began 90 minutes before the pope's arrival, Silva Fungalane said, she knew in her heart that she would receive a blessing being at Mass and "all Mozambique will be blessed."

In his homily, Pope Francis insisted Jesus' message about love and turning the other cheek was not simply a lovely platitude, but a call to courage and strength and trust in God alone.

Jesus "is talking about specific enemies, real enemies, the kind he described" in the beatitudes: "those who hate us, exclude us, revile us and defame us," the pope said.

Pope Francis said he knows people are frightened of renewed violence, and he made special mention of Cabo Delgado.

A true and long-lasting peace, he said, can be achieved only through reconciliation, which requires meeting with, speaking to, trying to understand and praying for those who had been enemies.

"Jesus wants to end forever that common practice of being Christians yet living under the law of retaliation," the pope said. "We cannot look to the future, or build a nation, an equitable society, on the basis of violence. I cannot follow Jesus if I live my life by the rule of 'an eye for an eye, and a tooth for tooth.'"

Pope Francis also used the occasion to condemn corruption, especially because it has kept so many Mozambicans in absolute poverty, despite the country's natural resources. The pope did not mention specifics, but Mozambicans are still paying the price for a massive loan and bribery scheme that was revealed in 2016 and led to the suspension of international development funding.

With general elections scheduled for Oct. 15, the pope told people to look for those who show "concern for others, acknowledging and appreciating them as our brothers and sisters, even to the point of identifying with their lives and their pain."



CNS photo/Paul Haring

Pope Francis kisses a baby as he visits the Zimpeto Hospital outside Maputo, Mozambique, Sept. 6.

Before arriving at the stadium, Pope Francis paid a visit to the Zimpeto DREAM Center, a medical clinic sponsored by the Rome-based Community of Sant'Egidio, but now fully

staffed by Mozambican doctors, nurses and laboratory technicians. Sant'Egidio, a lay movement, helped mediate the Mozambique peace talks in the early 1990s and, when the AIDS pandemic began, the community mobilized to help.

Some 20 percent of Mozambican adults are HIV positive and, in 2002 when the first DREAM Center opened, mother-to-baby transmission of the virus was commonplace. Sant'Egidio decided to start there, giving the women antiretroviral drugs at no cost, as well as providing them and their families with food assistance. The program boasts of more than 100,000 babies being born virus free.

Pope Francis met several of those newborns, offering a big smile to the proud mothers and gently stroking the chubby cheeks of the babies.

In a brief speech, the pope praised the program for listening to the needs of those suffering before designing the program and for always treating the patients with dignity. It was essential, he said, that someone hear "the silent, almost inaudible, cry of countless women, so many of them living in shame, marginalized and judged by all."

Now those same women have formed an association where they support one another and go into their communities to educate other women about HIV/AIDS and accompany those being tested for the virus.

After the Mass, Pope Francis traveled to Madagascar, the second stop on his three-nation Africa visit. He also was scheduled to visit Mauritius before returning to the Vatican Sept. 10.

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# Amid economic growth, Mauritius urged to care for the young, poor

BY CINDY WOODEN

PORT LOUIS, Mauritius (CNS) — Statistical indicators show Mauritius' rapid economic growth has benefited all sectors of society, lifting thousands out of poverty over the past 30 years, but Pope Francis still urged the island's Catholics to be careful.

The danger is that "we can yield to the temptation to lose our enthusiasm for evangelization by taking refuge in worldly securities that slowly but surely not only affect the mission, but actually hamper it and prevent it from drawing people together," he said at Mass Sept. 9 on a terraced hillside overlooking Port Louis.

Officials said 100,000 people gathered on the hillside for the Mass. Some held umbrellas, while most were wearing straw hats to protect themselves from the sun. The young, though, wore baseball caps.

One of them was Gael Henriette-Bolli, 29, a lecturer in law at a local university. He said it's true that material well-being and the explosion of technology can distract the young from their faith. But he and his friends in "Pastoral Zenn," the Port Louis diocesan youth ministry program, are reaching out, especially through Facebook and other social media.

"Some of us young people have attended World Youth Days, and we stay strong," he said. "And if the value of faith has been inculcated by their family, the youth are still interested."

Ambal Arokeum, a mother and grandmother from Rose Hill, said the economy growth "has been the benediction of God."

During his eight hours in Mauritius — making his visit a day trip from Madagascar — Pope Francis urged the local Church and government to make greater efforts to listen to and involve the island's young people in every aspect of life.

"This is not always easy. It means learning to acknowledge the presence of the young and to make room for them," he said. The young people in the crowd cheered their approval.

Mauritius has become a super-success story for development in Africa following efforts to diversify the economy. Rather than relying mostly on sugar cane and textiles, now the country is known for tourism, call centers and "financial services," which make the country a tax haven for many.

Pope Francis noted, though, how unemployment still is a problem particularly for young adults, which "not only creates uncertainty about the future, but also prevents them from believing that they play a significant



CNS photo/Paul Haring

People wave palms as Pope Francis arrives to celebrate Mass at the monument to Mary, Queen of Peace in Port Louis, Mauritius, Sept. 9.

part in your shared future."

Cardinal Maurice Piat of Port Louis has written about the island's "vocations crisis," which Pope Francis tied to the question of economic prosperity and attention to the young.

"When we hear the threatening prognosis that 'our numbers are decreasing,' we should be concerned not so much with the decline of this or that mode of consecration in the Church, but with the lack of men and women who wish to experience happiness on the paths of holiness," the pope said. Young people need to see and be encouraged by priests and religious who give witness to the joy of a life dedicated totally to serving God and one's brothers and sisters.

On an island colonized by the Dutch, the French and the British over the past 400 years and where colonizers brought slaves from Africa or indentured servants from India and China, the population is mixed ethnically and religiously. According to Vatican statistics, about 28 percent of the population is Catholic. Almost half of all Mauritians are Hindu, and Muslims make up about 17 per-

cent of the population.

During the second reading at Pope Francis' Mass, the crowd could hear a muezzin calling Muslims to midday prayer in the neighborhood below.

In the pope's afternoon speech to government officials, civic leaders and members of the diplomatic corps, he noted the diversity and praised the beauty that comes from "the ability to acknowledge, respect and harmonize existing differences in view of a common project."

The diversity of which the nation boasts was the result of both forced and voluntary migration; when the Portuguese discovered the island in 1505, it was uninhabited. However, there were dodo birds, which became extinct by the mid-17th century during the rule of the Dutch.

Pope Francis pleaded with Mauritians to recognize their migrant roots and to do more to be welcoming to those who come to their shores seeking safety and a better life.

The pope also had strong words against corruption, something which has plagued the nation for decades and appears relentless.

## RED MASS, from page 3

practitioners to gather with our bishop and invoke the blessing and guidance of the Holy Spirit for our professional and personal lives," Judge said. "For one, it provides a public witness to our belief that all human law and legal institutions are ultimately accountable to divine law and that we can, and indeed must, call upon God's assistance in creating, interpreting and executing our own laws. On an individual level, the Red Mass helps remind Catholic lawyers that we cannot live an integral life by separating our professional pursuits from our faith and that the power we have as lawyers and judges must always be subject to the Truth."

St. John Paul II wrote of St. Thomas More: "His life teaches us that government is above all an exercise of virtue. Unwavering in this rigorous moral stance, this English statesman placed his own public activity at the service of the person, especially if that person was weak or poor; he dealt with social controversies with a superb sense of fairness; he was vigorously committed to favoring

and defending the family; he supported the all-round education of the young. His profound detachment from honours and wealth, his serene and joyful humility, his balanced knowledge of human nature and of the vanity of success, his certainty of judgement rooted in faith: these all gave him that confident inner strength that sustained him in adversity and in the face of death."

## St. Thomas More Society

The St. Thomas More Society is a private, professional association affiliated with the Diocese of Fort Wayne-South Bend, serving under the oversight of Bishop Rhoades. The St. Thomas More Society promotes the mutual interaction of faith and culture in the realm of law and public policy. Any lawyer, member of the judiciary, canon lawyer, law professor or student at an American Bar Association accredited law school residing, practicing, serving or studying is eligible to apply for membership.

Most Rev. Kevin C. Rhoades, Bishop of Fort Wayne-South Bend, and the Fort Wayne area St. Thomas More Society invite you to a celebration of the

## 2019 RED MASS

OCTOBER 1, 2019  
5:30 P.M.

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## Catholic organizations in Florida marshaling aid for Dorian victims

MIAMI (CNS) — In the wake of Hurricane Dorian's brutal blasting of the Bahamas, Catholic organizations in Florida continued to raise funds to aid victims there. The best aid from individual Catholics is monetary donations. Money can be used to buy supplies in bulk and get them delivered promptly, and to reboot the local economy, enabling communities to start getting back on their feet. Money also ensures the items sent are actually the items needed — not just immediately after the disaster but months later, when recovery is ongoing. "It's the agencies that are on the ground providing the help, they really know what is needed. So it's best to give them the resources so they can purchase locally what is needed. It helps to get businesses back up and running locally," Peter Routsis-Arroyo, director of the Archdiocese of Miami's Catholic Charities, told the *Florida Catholic*, Miami's archdiocesan newspaper. Arroyo noted the "tremendous amount of manpower" and agency funds required to organize, pack and ship donated items. "If we had just turned that money over to them, there's none of those costs involved in that," he said. Not to mention that some items may only be needed the first few days. "Maybe they need MREs (meals ready to eat) for the first two days, but that's it," he said. Other needs will arise as reconstruction begins, Arroyo added.

## New center in Hawaii aims to teach visitors about local saints

HONOLULU (CNS) — Sandwiched between a specialty store selling Hawaiian products and a shirt souvenir shop, a new building is going up near Waikiki Beach that also hopes to attract tourists, but not to buy trinkets and sunscreen. The new building will "sell" an education on Hawaii's two saints and their ministry to people with Hansen's disease on Molokai's Kalaupapa peninsula to visitors and locals alike. The two-story Damien and Marianne of Molokai Education Center fills a narrow space fronting St. Augustine by the Sea Church property. Where there once was a driveway, parking area and small courtyard, there's now a brick edifice and tower that mirrors the design of the A-frame church. A temporary construction barrier separates the in-progress center from the heavy foot traffic on the street across from Waikiki Beach. A quote from St. Damien runs along the wall. "Turn all your thoughts and aspirations to heaven," says the religious message amid the tourism ads. Sacred Hearts of Jesus and Mary Father Lane Akiona, St. Augustine's pastor, said the center's prime location in the heart of Waikiki means many people will

## Hurricane devastation in Bahamas, on East Coast



CNS photo/Dante Carrer, Reuters

Women walk amid rubble Sept. 3, in the aftermath of Hurricane Dorian in Marsh Harbour, Bahamas, which devastated several islands. The storm also brought high winds, storm surge, heavy rain and flooding to the U.S. East Coast, but diocesan officials joined South Carolina and other state leaders in breathing a sigh of relief after it passed through and they were, for the most part, spared similar damage.

learn Hawaii's Hansen's disease story and how St. Damien de Veuster and St. Marianne Cope dedicated their lives to helping them. It's difficult to get to the remote Kalaupapa peninsula on Molokai, where those suffering from leprosy were forcibly sent from the late 1800s until the mid-1900s. Many Hawaii visitors and residents who will never make it to Molokai will be able to visit the Waikiki museum. "The vision of the center is keeping sacred and really sharing that story of Damien and Marianne to the world," Fay Pabo, St. Augustine's administrative assistant, told the *Hawaii Catholic Herald*, newspaper of the Diocese of Honolulu.

## Possible healing could advance Mother Delille's sainthood cause

LITTLE ROCK, Ark. (CNS) — For what could be the first time in the 176-year history of the Diocese of Little Rock, a diocesan tribunal submitted formal documentation to the Vatican on an alleged healing miracle of a former Arkansas college student. "We served as a fact-finding gathering source for the Holy See," said Father Greg Luyet, judicial vicar of the diocese, who oversaw canonical procedures for this aspect of the sainthood cause. The documentation prepared for

the Congregation for the Causes of Saints in Rome is one possible step for the beatification cause for Mother Henriette Delille, who founded the Sisters of the Holy Family in New Orleans. Her sainthood cause was opened in 1988 and was approved unanimously by U.S. bishops in 1997. She was declared venerable in 2010. If her canonization cause continues, she could be the first black saint from the U.S. Mother Delille was born in New Orleans in 1812. She died in 1862. The story of a possible miracle attributed to Mother Delille's intercession, stems from Christine McGee who was a 19-year-old college student when the alleged healing happened in Little Rock, said Sister Doris Goudeaux, co-director of the Henriette Delille Commission Office.

## Catholic leaders respond with 'heavy hearts' to Texas shooting

WASHINGTON (CNS) — Catholic leaders across the United States reacted with sorrow and "heavy hearts" to a mass shooting in west Texas Aug. 31 that authorities said claimed seven lives and wounded 25 others. Cardinal Daniel N. DiNardo of Galveston-Houston, president of the U.S. Conference of Catholic Bishops, said in a statement Sept. 1 that

he was "deeply saddened to witness yet again scenes of violence and contempt for human life being repeated in our nation's streets." He said Catholics attending Sunday Mass Sept. 1 "do so with heavy hearts" thinking of these victims and victims of recent "gun violence in California, Texas and Ohio." He said the Aug. 31 shooting, which occurred as the gunman sped along highways in Odessa and Midland, Texas, "demonstrates unequivocally the undeniable existence of evil in our society." Cardinal DiNardo also called on "people of goodwill," including Catholic leaders and the faithful, "to work tirelessly to root out the causes of such crimes. As people of faith, we must continue to pray for all victims, and for healing in all these shattered communities that now extend across the length and breadth of our land," he added.

## Carnegie Hall musicians help moms write lullabies for babies

NEW YORK (CNS) — Lullabies have been sung by parents to their children for time immemorial. At Siena House, a temporary residence for families in the Bronx, parents are continuing the tradition by crafting their own memorable lullabies that are emerging from personal experi-

ence and deeply held emotions. With the help of artists from Carnegie Hall, the Lullaby Project is helping parents who are experiencing significant life crises — homelessness or domestic violence — bond with their children through the creation of personal lullabies. Composer and music educator Thomas Cabaniss and other Carnegie Hall artists developed the project in 2011. "The project was structured over the course of a month," said Tiffany Ortiz, assistant director of early childhood programs at Carnegie Hall. "Eight to 10 women and seven Carnegie Hall artists spent an hour together, to establish a level of trust. The mothers wrote letters to their babies, including nicknames, hopes, dreams and wishes for their child. They distilled those key phrases and put hearts around the words they wanted in the lyrics to their lullabies. Then they worked on the music side." The result was so positive that, in 2013, officials at the New York City Department of Homeless Services recommended Siena House be one of the first places for the Lullaby Project to expand.

## Newark's Cardinal Tobin joins Catholics protesting immigration detention

WASHINGTON (CNS) — Cardinal Joseph W. Tobin of Newark, New Jersey, blessed and then prayed near a group of Catholics who blocked a crosswalk, arranging themselves in the shape of a cross in front of Immigration and Customs Enforcement in Newark Sept. 4, to protest the detention of children and families in immigration facilities. About 400 participated in the event, which included a procession toward the ICE building as the Newark archbishop led the crowd in a chant of "stop the inhumanity. I am Joseph, your brother, who has been heartbroken by the inhumanity," Cardinal Tobin had said earlier as he called for a stop to immigration detention of children and their families. "I ask Catholics and others of goodwill to contact their elected officials and urge them not to manipulate immigrant families as political pawns," he said. As the group protested in front of the facility, the Department of Health and Human Services Office of Inspector General was releasing a report warning that migrant children separated from their parents "exhibited more fear, feelings of abandonment and post-traumatic stress" than migrant children who had not been separated from their loved ones. "According to those who treat them, many children enter the (immigration) facilities after fleeing violence and experiencing direct threats to their safety during their journey to the United States," the report said. "Some children also experienced the trauma of being unexpectedly separated from their parents as a result of U.S. immigration policies."

# AROUND THE DIOCESE

## Appreciation for catechetical ministry and finance committee membership



Photos by Jamey Fischer

Donna Macino retired as director of religious education at St. John Bosco Parish, Churubusco, Aug. 25 after 34 years of catechetical service. At Mass, Macino was surprised with gifts and an abundance of gratitude and good wishes from the parish; in addition, Janice Martin, administrative assistant to the director of catechesis for the Diocese of Fort Wayne-South Bend, presented her with a certificate signed by Bishop Kevin C. Rhoades, acknowledging and thanking Macino. From left are Martin, pastor Father Francis Chukwuma and Macino.



At the same Mass, Diane Randall and Doug Snyder are presented with gifts from the parish in honor of their father Lynn Snyder who retired from the St. John Bosco Finance Committee. Lynn Snyder led the parish committee for over 40 years. He was responsible for providing financial statements, budgets, heading up the maintenance and updating and remodeling of the church and rectory. They received thanks for Lynn's dedication to St. John Bosco and its parishioners.

## 40 Days For Life prayers planned in Allen County

FORT WAYNE — 40 Days for Life is a prayerful, peaceful and lawful endeavor to protect and save the lives of unborn children across the United States.

Christians from across Fort Wayne gather for 40 Days for Life in the spring and the fall to provide 12-hour days of prayer, from 8 a.m. to 8 p.m., each day during that period for the unborn. The next campaign begins Sept. 25 and runs through Nov. 3 at a prayer vigil tent across the street from Fort Wayne's former abortion clinic, 2210 Inwood Dr.

Everyone is encouraged to join in and stand before God to cry out for the most defenseless human beings. Check out the events, sign up for the prayer vigil and spread the word.

For more information on the vigil visit [www.40daysforlife.com/ftwayne](http://www.40daysforlife.com/ftwayne). For more information about Allen County Right To Life, go to <https://www.ichooselife.org>.

## New Women's Care Center blessed



Photos by Jennifer Miller

A new location of the Women's Care Center, on Lincolnway West in South Bend, was blessed by Bishop Kevin C. Rhoades Sept. 5, the feast day of St. Mother Teresa of Kolkata. The pro-life counseling and advocacy work of the Women's Care Center mirrors the work of the saint, allowing women and families to choose life and supporting them as they become parents. At left are Bobby Williams, Women's Care Center Foundation director; Ann Manion, volunteer Women's Care Center president; and Bishop Rhoades.

# Every day is bring your baby to work day at Marian, MCS

BY JENNIFER MILLER

At the new Saints and Squires Daycare at the St. Joseph campus of Mishawaka Catholic School children do play together sweetly as a joy-filled hum fills the space. A collaborative effort of Marian High School, Mishawaka, and Mishawaka Catholic School, the new day care is an employee benefit for teachers and staff with little ones from infant through 3-1/2 years old.

Pastors Father Chris Lapp, St. Joseph Parish, and Father Jacob Meyer, St. Monica Parish, along with principals Mark Kirzeder of Marian and Karen Salvador of Mishawaka Catholic, partnered and developed an idea begun by Marian assistant principal Anne Ullrich. Currently on maternity leave, Ullrich was the inspiration for a Catholic day care that would allow teachers to keep their jobs and be assured their children are well cared for at a cost-effective location that's conveniently located, Kirzeder explained.

"As a school community, offering a low-cost day care is one way we can support our teachers, who give so much to their schools. Additionally, this is a way that we hope to attract and retain quality teachers who have a desire to continue their vocation as a teacher, but often

times cannot financially afford to once they begin to have a family of their own. I also hope that offering benefits like this will help to offset a lower salary that teachers earn in comparison to their colleagues who work in the public school system." Kirzeder shared.

The initiative is creative and pro-life, supporting families during the exhausting early years of raising children. The name comes from the mascots of both schools, the saints of Mishawaka Catholic and the knights of Marian. (A squire is an aspiring knight.) The little ones are saints in the making — the goal of all baptized — as well as future schoolchildren of the two campuses.

Laura Zartman, director, explains that what sets the program apart is "our ability to offer the personal attention that they need." Day care professionals, working side-by-side with retired grandmothers, offer care from 7:30 a.m. to 4 p.m. The daily routine consists of breakfast, circle time, crafts, sensory time, lunch, naps, outside play and walks. Parents and teachers are welcome to stop in anytime, which, for a nursing mother, is life-changing.

The current clientele at Saints and Squires ranges in age from 4 months to 3-1/2 years old. Parents provide the food and blankets the little ones need daily, and the children receive individual attention — from baby snuggles and bottle feeding to singalongs — as well as devel-



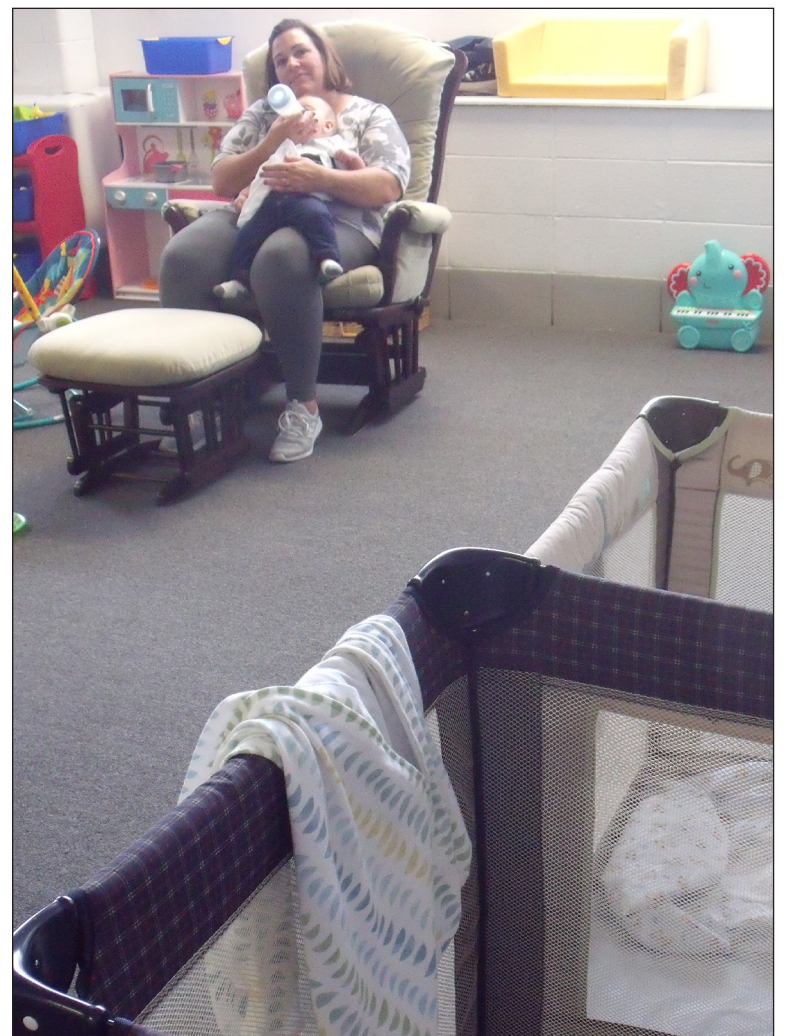
Photos by Jennifer Miller

**A child plays with books in the new Saints and Squires Daycare on the St. Joseph campus of Mishawaka Catholic School.**

opmentally appropriate play. The children, who one day might be future classmates, are taught to care for each other and play well in a Catholic, learning community. Each child's daily schedule, including eating and naps, are recorded and communicated.



**Various toys and activities await the children who attend a new day care for employees of Marian High School and Mishawaka Catholic School.**



**Saints and Squires Daycare is an initiative that serves new parents who teach or are employees of the two Mishawaka Catholic schools.**





## STAY WITH US

# Catechetical Sunday, Sept. 15

The phone rings and the caller ID displays the parish number. Do you answer the call?

This year, the Church celebrates Catechetical Sunday on Sept. 15, the 24th Sunday in Ordinary Time. The theme will be "Stay With Us."

The celebration of Catechetical Sunday draws each person to reflect on their role, by virtue of their baptism, the mission that Jesus sets forth in the Gospel of Matthew, "Go, therefore, and make disciples of all nations, baptizing them in the name of the Father, and of the Son, and of the Holy Spirit, teaching them to observe all that I have commanded you. And behold, I am with you always, until the end of the age." (Mt 28:19-20)

According to Bishop Robert Barron, Catechetical Sunday is an opportunity to reflect on the role that each person plays, by virtue of baptism, in handing on the faith and being a witness to the Gospel. Catechetical Sunday is an opportunity for all to rededicate themselves to this mission as a community of faith, and those whom parishes have designated to serve as catechists will be called forth at Mass to be commissioned for the special ministry of education and support.

### Bishop Barron's welcome message

We live in an increasingly secularized society, which powerfully influences our young people, often compelling them to leave the Church altogether. The 2018 Saint Mary's Press study, "The Dynamics of Disaffiliation in Young Catholics," includes extensive research on young Catholics who have left the Church. One of their most alarming findings was that youth stop identifying as Catholics at a median age of 13 for reasons ranging from disbelief to dissatisfaction with Church teaching.

Sociologist Christian Smith, renowned for his investigation of the phenomenon of disaffiliation, notes that many of the young people who have stopped identifying as Catholics tended to have "weak signs of attachment to the church" in the first place. In other words, they were not formed very well in the faith.

At the same time, we have signs of hope. I was blessed

to participate in the Vatican's October 2018 Synod on young people, the faith and vocational discernment," which found that young people who end religious practice do not necessarily end their spiritual desire. The Church must walk with young people and their families, listen to them with attention and love, and then be ready intelligently to give a reason for the hope that is within us.

Our resources this year are aimed on assisting the many dedicated faithful in their outreach to as missionary disciples particularly to the disaffiliated. Under our theme, "Stay With Us," we have produced a variety of articles, videos and podcasts focusing on the encounter, and accompaniment which builds a community that then sends forth



BISHOP ROBERT BARRON

as missionary disciples. In his recent Post-Synodal Apostolic Exhortation, "Christus Vivit!" Pope Francis reminds us that in addition to doctrine and morality "It is likewise important that it have two main goals. One is the development of the kerygma, the foundational experience of encounter with God through Christ's death and resurrection. The other is growth in fraternal love, community life and service... All Christian formation consists of entering more deeply into the kerygma and incarnating it ever more fully in our lives." (213-214)

May our lives be an imitation of Jesus' encounter with the two disciples on the road to Emmaus (Lk 24:13-35) and accompany those entrusted to us into full community and discipleship.

Sincerely yours in Christ,

Bishop Robert Barron,  
Chairman: Committee on Evangelization and Catechesis,  
U.S. Conference of Catholic Bishops

## Convenient grace

### Profiles in the CCD/Religious Education setting

BY TAMI DELUCENAY

The theme for Catechetical Sunday is "Stay With Us," addressing the alarming statistics on young Catholics who have left the Church. Ascension Press's article by Matt Charbonneau, "How to Keep Young Catholics Involved after Confirmation," suggests that those who have recently been confirmed and have a greater understanding of the Catholic faith volunteer at Sunday school.

"These young people have the perfect chance to be role models for other young members of their parish," explained Charbonneau.

One such young person answered "Sure," when asked by his parish director of religious education, after he was confirmed, if he would be interested in being a catechist. Aidan Kaczanowski, a member of St. Thomas the Apostle Parish in Elkhart, answered the call.

"After confirmation I knew I would do something for the Church, but really hadn't given it much thought. I was an altar server, I was conscientious about recycling, but I didn't seek out to be a catechist." However, as the fall of Kaczanowski's freshman year of high school began; he was commissioned on Catechetical Sunday to teach kindergarten religious education.

Last spring, Kaczanowski was among the young people featured in Today's Catholic's recognition of valedictorians and salutatorians. He mentioned that teaching religious education was a highlight of his high school career.

"I loved teaching. My freshman and sophomore year I taught kindergarten, then my junior and senior year I taught fourth grade," he stated. "These four years were awesome."

He also balanced school, extracurricular activities and preparing lessons for his class.

"It's all in my priorities. I

attend Mass every Sunday, take time to pray and took an hour or so to prepare for the lessons. Sharing with these kids was extremely rewarding. It was a big part of my life: The mission of a catechist is so important.

"One of my favorite lessons to share with fourth graders is the Beatitudes. I'm a big fan of Matthew Kelly and used his writings to help students understand the difference between achieving happiness over trying to achieve pleasure. These kids are engaged and loved to act out the Bible stories and bring Scripture to life," he said.

"It was a challenge to help them with their prayer life. Contemplative prayer and listening to God are so important. It wasn't always easy teaching them about prayer, but it was a big part of each class every Sunday."

Teaching the students about the saints is a tradition at St. Thomas, and one Kaczanowski enjoyed. Aislyn Balyeat attended his class last year and enjoyed "everything!" about that part of the curriculum.

"Aidan helped us choose our saints by telling us about patron saints. I chose St. Barbara because it's my middle name," stated Aislyn. "We also get to dress up as our saint. I liked wearing my crown, but I was nervous when I had to get up in front of my friends and tell about him."

Kaczanowski now attends Purdue University, majoring in computer science. He said he looks forward to many new opportunities to share his faith and has already registered at St. Thomas Aquinas Parish in West Lafayette.

"Through my experience of being a catechist, being active in my parish youth group, attending the March for Life in Washington, D.C. ... all these things have made a powerful impact on my life. I'll seek out ways to help me to continue to grow in my faith and to be a witness to all those I encounter."



Tami DeLucenay

Aidan Kaczanowski, a parishioner of St. Thomas the Apostle Parish, Elkhart, acted on the mission he accepted at confirmation by becoming a kindergarten and fourth-grade catechist. The fourth grade religious education curriculum at St. Thomas includes the study of saints of the Church, as whom the children dressed up and attended Mass.

# FOCUS missionary helps college students grow in faith

**M**aclaine Capshew enjoyed sorority life at Indiana University in Bloomington and made some of her closest friends during her four years there.

Capshew, now, 22, lived her Catholic faith but also found it easy to get caught up in the partying and in efforts to be popular with people and on social media.

The South Bend-area resident's perspective changed during her junior year. In 2017, missionaries from the Fellowship of Catholic University Students began work at the IU campus. She bonded with one of the young female missionaries, who held her accountable and who reminded her she was born to be a saint — and that her greatest worth was as a daughter of God.

"The closer I grew toward the Lord, the more aware I was of acting against him in terms of sin," Capshew said during a phone interview from University of South Dakota in Vermillion, where she now serves as a FOCUS missionary.

Founded in 1998 at Benedictine College in Atchison, Kansas, FOCUS sends missionaries to reach out to college students, build them up in the Catholic faith and then send them into the world to share that faith with others. FOCUS also organizes missions trips and conferences.

The missionaries, who must raise their own financial support and often are recent college graduates, agree to go to any campus at which they are needed.

In most cases, FOCUS missionaries serve at the invitation of a college's Newman Center and work closely with it. Newman Centers offer Mass and other pastoral care to Catholic students at non-Catholic colleges and universities.

FOCUS currently has more than 730 missionaries serving 164 colleges and eight parishes, Capshew said. Most sites are in the United States. They include IU, Ball State, DePauw, Valparaiso and Indiana University-Purdue University Indianapolis campuses in Indiana.

Capshew, whose home parish



Provided by Maclaine Capshew

**Maclaine Capshew, whose home parish is St. Pius X in Granger, now serves as a Fellowship of Catholic University Students missionary at University of South Dakota. FOCUS missionaries reach out to college students, help them grow in faith and send them out to share the faith with others.**

is St. Pius X in Granger, is one of more than 150 FOCUS missionaries who work with members of sororities and fraternities at the campus where they are assigned.

After graduating from St. Joseph High School in South Bend, she pursued a degree in elementary education with a fine arts minor. She planned to work as a teacher after her graduation this past spring.

Through interaction with her FOCUS mentor during her junior year, however, Capshew felt called to join their work. An

internship that summer at the

conference where new FOCUS missionaries receive their train-

ing confirmed her feelings. Capshew said her first three weeks at USD have been extremely busy but rewarding. "We take a relational approach," she said. "We model evangelization the way Jesus did, which is through his friendships."

To connect with and encourage students, they go to coffee with them, organize community trivia nights, play yard games

and attend campus events, she said. The goal is to create a lasting relationship, not a chance encounter.

Capshew and a missionary teammate also introduced themselves and offered contact information to the presidents of all the sororities at USD.

She and the other FOCUS missionaries have tremendous impact because they go out and introduce students to kindness, respect and aspects of Christian life that are an entree to the love of Jesus, Father Steven Jones, chaplain at the Newman Center at USD, said in a phone interview.

About a third of USD's 2,000 to 3,000 on-campus students are Catholic, Father Jones said. The Newman Center there offers daily Mass, Bible studies, meals, reconciliation and social activities. FOCUS missionaries connect students to those activities and the Catholic community. They also disciple students so they grow in their faith.

"It is a real point of light for our students," Father Jones said of the Newman Center.

College is an exciting time for young people and, for most, their first taste of real freedom, Capshew said. That can lead people to try new things and sometimes to make mistakes.

The only way for students to know more about themselves, she said, is to remember that God created them and He has given each of them a calling in life. Not everyone will be canonized a saint, but everyone can strive to be potential candidates for sainthood, she added.

Looking ahead, Capshew said it's too early to tell where her faith journey will lead her.

"I'm very passionate about working in the Church and restoring beauty in the Church," she said. "Whatever way God calls me to share Him and spread Him, I am open to do. I feel that everyone is called to be a missionary in whatever career they have."

**To learn more** about the FOCUS missionary program or to support a missionary on a college campus, go to [www.focus.org](http://www.focus.org).



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# Laila's extraordinary journey to citizenship

BY GLORIA WHITCRAFT

**A** way out of no way out: That's perhaps the best description of a two-year-plus journey to citizenship for Laila (last name withheld), a Catholic Charities' Immigration Services client.

"Laila's case is perhaps one of the most complicated our department ever managed," said Luz Ostrognai, supervisor of the Catholic Charities' Immigration Program. "We have a 3-inch-thick folder of documents detailing every obstacle she encountered."

When Laila was 9 years old, an American couple traveled to Monrovia, the capital of the West African country of Liberia, to adopt her through the Liberian legal system. Laila, who was then called by her birth name, flew with her new parents to the United States to settle into her new home.

As required by law, her adoptive parents applied for Laila's Legal Permanent Residency in the United States. The United States Citizenship and Immigration Services approved their request, and Laila received her "green card."

Although the adoptive parents had completed Liberia's formal adoption process, they did not file an adoption petition in the United States. Had her parents followed through with finalizing her adoption in the United States, Laila would have met the USCIS requirements to become a U.S. citizen at age 9.

According to Laila, the fact that she was not legally adopted by her parents in the U.S. presented numerous challenges to her childhood education. Laila recalled the schools she attended requesting proof of her legal adoption status. Laila alleged that her mother offered the schools numerous excuses and often promised to bring the documents in at a later date. Because the schools persisted with requiring proper documentation, Laila reported that her mother decided to homeschool her instead.

Laila said that the home-schooling essentially consisted of her sitting in front of a computer, with little help or support from her parents. Naturally curious and intelligent, Laila did not give up and said that she taught herself how to read, write and solve math problems. Still, Laila reported that her parents required her, even at a very young age, to do many household chores, which kept her from her studies.

Feeling neglected and abused by her adoptive parents, Laila chose to run away at age 15. At first, she slept on friends' couches. Only a temporary solution, the teen soon became homeless. Even so, Laila reported that living on the streets provided a stronger sense of security than



Provided by Catholic Charities

**Laila was brought to the U.S. from Liberia, Africa, as a child. Her immigration status proved to be one of the most difficult Catholic Charities' Immigration Services has had to unravel, but last year she became a U.S. citizen. She is pictured with her daughter.**

living at home.

Laila recalled her adoptive mother once showing her a blue U.S. passport and some other official papers. Before running away, Laila said she convinced her mother to give her copies of at least a few of those documents. But what little proof of citizenship the teenager possessed when she left home was stolen during her three years on the streets.

At 17, Laila arrived in Fort Wayne, still homeless and now pregnant. A local homeless shelter staff member referred her to Vincent Village for additional support and services. Mercifully, Laila chose life and her child turns three this October. After learning about her precarious legal status, a Vincent Village case manager referred Laila and her infant daughter to the Catholic Charities' Immigration Program.

When Laila first came to Catholic Charities, she was already 18, which is the legal cut-off age for conferring citizenship on a child of a U.S. citizen.

Ostrognai began searching for evidence of the single mother's citizenship immediately. Ostrognai suggested that Laila contact her adoptive mother to request her official documents. While Laila's adoptive mother followed through, Ostrognai received only barely legible photocopies of the original documents from Liberia and Laila's U.S. green card.

Working with the faint photocopies, Ostrognai began her investigation. The U.S. State Department verified that Laila was not a U.S. citizen. Even under Laila's alleged circumstances of abuse and neglect, the USCIS required original documents and could not accept photocopies.

Because Catholic Charities of Fort Wayne-South Bend is a member of the Catholic Legal Immigration Network, Ostrognai

enlisted CLINIC's consultation and reach. Attorneys at CLINIC searched official records both in the U.S. and Liberia. Months later, CLINIC advised that it was unlikely that Laila was eligible to apply for U.S. citizenship.

Ostrognai persisted. Twice she submitted Laila's application for citizenship to USCIS. Both applications were rejected. Over time, Laila's seemingly impossible case weighed heavily upon Ostrognai. One day, Laila said to Ostrognai, "thank you for not giving up on me."

Those eight words burned into Ostrognai's mind and heart. She said to herself, "If I don't help Laila, nobody else will." From that moment, the immigration supervisor redoubled her efforts.

Ostrognai continued her research with other Catholic Charities immigration experts across the nation. Again and again, Ostrognai heard the refrain, nothing like Laila's case had ever resulted in U.S. citizenship. Refusing to give up, Ostrognai placed her trust in Divine Providence. She often prayed, "God, guide me on what to do here!"

Finally, Ostrognai received an email from a USCIS supervisor in Indianapolis with suggestions on how to proceed. The email offered no promises, no guarantees, just hope.

Armed with those suggestions, Ostrognai sent Laila's citizenship application to USCIS a third time. Fortunately, this time officials in Indianapolis set an appointment for the young mother's interview with an immigration officer. During this meeting, Laila was asked if she wished to change her name from the one she was given at birth. She replied, "Yes, I do. I want my legal name to be Laila."

Ostrognai sat in on the unusually long session in Indianapolis along with Laila.

At the end, the USCIS officer informed Laila that her application required further review. He could not commit to recommending her for citizenship.

A sense of caution filled Ostrognai on the drive back to Fort Wayne. On one hand, Laila had advanced further into the citizenship process than any immigration or legal expert thought possible. On the other hand, there was not yet any cause for celebration.

About four weeks after the appointment in Indianapolis, Ostrognai received an official letter from USCIS. The letter stated, "On November 30, 2018, at 11 a.m. Laila will be sworn in as U.S. citizen in South Bend's Federal Building." Prayers had been answered.

Today, Laila and her daughter are U.S. citizens. They have transitioned from a Vincent Village one-bedroom apartment into a two-story house. Also, as a U.S. citizen, Laila received the privilege of seeking employment.

This month, Laila will begin classes to become a Certified Nursing Assistant. Upon completion, she will sit for Indiana's CNA licensing exam.

After Laila's citizenship swearing-in ceremony, friends, employees and volunteers from Catholic Charities, Vincent Village and Safe Families encircled the new U.S. citizen, and celebrated Laila's courage, tenac-

ity and the nonprofit agency partnerships that made it all possible.

To learn more about the legal immigration and refugees processes, Catholic Charities will host a Family Symposium Sept. 28. Father Tom Shoemaker will be making opening remarks.

Recently, Bishop Kevin C. Rhoades reiterated his support Catholic Charities' efforts to receive and aid immigrants.

"I'm proud of our Catholic Charities' work to support migrants and refugees, a concrete expression of our diocese's commitment to those fleeing violence, war, persecution and extreme poverty. This work is a testament to the Church's firm belief in the value and dignity of every human life. The upcoming World Day for Migrants and Refugees on Sept. 29 is an opportunity for us to reflect on our responsibility to welcome, protect, promote and integrate these brothers and sisters in need. I hope many will attend the Family Symposium hosted by Catholic Charities on Sept. 28 and also remember all migrants and refugees in prayer on Sept. 29."

Learn more about the event at <https://2019familysymposium.eventbrite.com/>.

*Gloria Whitcraft is the CEO of Catholic Charities of Fort Wayne-South Bend.*

## Still the silent killer

I recently was asked to be a guest on the "Doctor, Doctor" show that airs on Redeemer Radio at 1 p.m. Fridays and again at 11 a.m. Saturdays. The topic of discussion was high blood pressure. I thought I would share some of the important points made during that discussion.

I am very proud of my colleagues who host this show; Drs. Tom McGovern, Christopher Stroud and Andrew Mullally. We work together as members of the local Catholic Medical Association chapter, the Dr. Jerome Lejeune Catholic Medical Guild of Northeast Indiana, to uphold the principles of the Catholic faith in the practice of medicine. They have just recently taken their weekly presentation national on Eternal Word Television Network.

In 1943, President Franklin D. Roosevelt was given a clean bill of health by his physician even though his blood pressure was 220/120. Just a few years later he died of a fatal hemorrhagic stroke. His death brought hypertension into the limelight. It was not till the 1950s that life insurance companies figured out how harmful high blood pressure was and began to insist on accurate blood pressure measurements before a life insurance policy was approved.

Here are some key statistics. One in three Americans has hypertension. Hypertension contributes to 1,000 deaths per day in this country. People with high blood pressure are four times more likely to die from stroke and three times more likely to

die from heart disease. At age 35-44 one in four men have hypertension, and in women it's one in five. By age 70 women surpass men as having more hypertension.

Most people with hypertension do not have any symptoms, and that's why it's called the silent killer. I strongly recommend investing in an automated blood pressure cuff for home use to track blood pressures. If your blood pressure is higher than 130/80 by current guidelines you have hypertension. The new goal for blood pressure is 120/80 or a little lower. Over the years, many prospective controlled studies have proven that targeting a systolic blood pressure of 120 reduced morbidity and mortality.

Controlling blood pressure is particularly important in people who have diabetes, kidney disease and congestive heart failure. Uncontrolled hypertension is a major contributing cause of congestive heart failure. As a cardiologist, my goal in my patients with cardiomyopathies is to try to keep their blood pressure around 110 systolic. The heart's left ventricle is a lot happier pumping blood against a lower resistance.

There are many lifestyle changes that can be initiated to lower blood pressure. If you are overweight, weight loss would be a good first place to start.

Overzealous use of salt will also raise blood pressure, and one of the first dietary changes you should make is reducing salt intake. Some cultures use lots of salt, and epidemiologic studies show that those countries have a



DR. DAVID KAMINSKAS

### THE CATHOLIC DOCTOR IS IN

higher incidence of hypertension.

Limiting caffeinated and high-calorie beverages like soda pop will not only lower blood pressure but also weight, for a win-win.

When talking about natural ways to lower blood pressure, it also must be pointed out that exercise is a must. As a person exercises the normal physiologic response is for the blood pressure to rise. But after exercise blood pressure actually falls, and with regular exercise blood pressure will be much better controlled on a daily basis.

If you make lifestyle changes and your blood pressure remains high, it's time for a doctor to prescribe medication. The good news is that there are many low-cost and effective medications available. Most of the meds people use have gone generic and paying as little as \$4 a month is quite common.

One mistake I see all the time by physicians is that they start a blood pressure agent: If they don't get acceptable blood pressure control, they stop that agent and prescribe another one. Then, that medication may not get the blood pressure to goal so

KAMINSKAS, page 13

## Searching for silver linings: grace after the storm

Business was good. So good, in fact, that the family company had become one of the largest breweries in New England, producing 300,000 barrels a year and supporting two generations of Geisels in Springfield, Massachusetts.

Theodor Jr. could envision the future. A secure, prosperous one. A business he could hand down to his 15-year-old son. A proud legacy.

He confidently took the helm when his father died. Everything was mapped out.

And then, six weeks later, the unthinkable happened: Prohibition took effect, forever shuttering the family business.

Theodor felt rudderless. He dabbled in real estate but wasn't compelled to pursue it. Finally, he got hired as Springfield's superintendent of parks. The park system included a fledgling zoo, where he often brought his son. It became a beloved part of his childhood, a place he spent hour after hour sketching animals.

Theodor aided his son's artistic endeavors, giving him the bills, horns and antlers of animals that had died, which his son incorporated into quirky sculptures. He was learning to think outside the box, to assemble body parts in unexpected ways to surprising effect. It was the perfect training for what would become the legendary career of Dr. Seuss.

I've been thinking about the role of change in our spiritual



### TWENTY SOMETHING

CHRISTINA CAPECCHI

lives, its impact, our response. When something upends the status quo, we tend to operate less like a ballerina — leaning in, leaping forward — and more like a toddler being dragged out of a toy store, kicking and screaming.

Only looking back can we see the growth and grace that resulted, which wouldn't have happened had we been allowed to remain burrowed in our warm little nest.

My friend Wendy broke her elbow in a biking accident three years ago. Being laid up forced her to look within. Soon the Iowa native was searching for job openings in the U.S. Virgin Islands. She filled out an application by typing only with her left hand, pecking away at the keyboard. She got the offer and made the move, beginning the adventure of a lifetime.

Now she looks back on her biking accident with gratitude.

"Ultimately, it was a blessing because it gave me the opportunity to reflect on the state of my life and acknowledge that I was ready to make some

CAPECCHI, page 13

## God shows abundant mercy to His people



### THE SUNDAY GOSPEL

MSGR. OWEN F. CAMPION

### Twenty-Fourth Sunday in Ordinary Time Luke 15:1-32

This weekend's first reading is from the Book of Exodus. This book roughly chronicles the passage of the Hebrew people from Egypt, where they had been slaves.

Moses guided them, but the Hebrew refugees believed that God guided Moses, since Moses could not have accomplished such a task without God's help. So, while they had Moses to thank for their successful and safe passage across the Sinai Peninsula to the land God had promised them, they ultimately gave tanks to Almighty God.

In this reading, God indeed speaks to Moses. God indicts the people, first, for sinning, but also for committing the greatest of sins. They had constructed and then worshipped an idol, a calf crafted from metal.

Harsh punishment would follow, not because of divine wrath but because they had pushed God away and were left with their inadequacies.

Moses implored God to forgive the people, pleading with God to remain the people's guide and protector even though they had sinned.

The First Epistle to Timothy provides the second reading. Timothy was St. Paul's disciple. Together with Silvanus, Timothy had accompanied Paul on some of Paul's missionary travels.

While elsewhere in his writings Paul seemed to express some doubts about Timothy's skills for leadership, Paul nevertheless regarded him as a special associate and faithful disciple.

To fortify Timothy's fidelity, Paul explained his own personal devotion to Christ. Paul described his vocation as an apostle and

as a believer. In this effort, Paul made very clear that he was a sinner, unworthy of God's saving grace. Despite all this, Paul insisted, God had saved him from eternal death, through Jesus the Redeemer.

St. Luke's Gospel supplies the last reading. It is a story of the willingness of the Lord to associate with tax collectors and sinners. Today, some explanation helps to understand why the critics of Jesus so disdained tax collectors.

Tax collectors at that time were very bad people, for two main reasons. In the first place, they were turncoats and traitors. They were tools of the detested Roman occupation, collecting taxes for the imperial treasury. Secondly, they were legalized thieves and extortionists. Under the Roman system, tax collectors could assess taxes in any amounts they themselves chose. Then they could take whatever they received above and beyond what was sent to Rome and put it in their own pockets.

They were the worst of the worst.

Jesus associated with them and with all despicable types. Not surprisingly, Jesus was criticized. The Lord answered the criticism with three beautiful parables. The last of these parables is the story of the Prodigal Son, one of the most beloved of the parables.

The lessons are clear. God's mercy never ends, nor is it ever limited. It awaits even the worst of sinners, if only they repent. God reaches out to all with forgiveness and mercy. Actually, no one is perfect. We all are sinners, maybe as heartless as the ancient tax collectors. We all need forgiveness.

### Reflection

In the Vatican Museum is a splendid item that the Austrian emperor and Hungarian king Francis Joseph gave to Pope Leo XIII on the pontiff's 25th anniversary in the papacy in 1903. Mounted on a magnificent marble pedestal are exquisite gold figures of 99 sheep, following a shepherd holding one sheep in his arms. It represents the Good

Shepherd who has found the stray sheep and literally is carrying this sheep to safety.

This beautiful artwork illustrates the first of this weekend's parables and teaches us about the mercy of God. We are apt to lose our way, but the Good Shepherd will search for us and bring us home. He loves us that much.

We all wander and need God. God never forsakes us, not even corrupt tax collectors.

### READINGS

**Sunday:** Ex 32:7-11, 13-14 Ps 51:3-4, 12-13, 17, 19 1 Tm 1:12-17 Lk 15:1-32

**Monday:** 1 Tm 2:1-8 Ps 28:2, 7-9 Lk 7:1-10

**Tuesday:** 1 Tm 3:1-13 Ps 101:1b-3b, 5-6 Lk 7:11-17

**Wednesday:** 1 Tm 3:14-16 Ps 111:1-6 Lk 7:31-35

**Thursday:** 1 Tm 4:12-16 Ps 111:7-10 Lk 7:36-50

**Friday:** 1 Tm 6:2c-12 Ps 49:6-10, 17-20 Lk 8:1-3

**Saturday:** Eph 4:1-7, 11-13 Ps 19:2-5 Mt 9:9-13

# And you are Christ's

*Kiara: "I'm not just a princess, you know. That's only half of who I am!"*

*Pumbaa: "Oh. Uh, who's the other half?"*

*Kiara: "Oh, well, I ..."*

While a new Lion King film was released this summer, it still can't beat my favorite adaptation of the movie, "The Lion King 2: Simba's Pride." This version focuses on Simba's daughter, Kiara. After the scars of Simba's past, he has become an overprotective father, ensuring everyone treats Kiara only as a princess. Kiara knows this isn't her true identity, that she is far more than this. And yet, the influence of others has made it difficult for her to discover who she truly is.

Our society today also has an identity crisis. Young adults are struggling to find who they are, and they long for all life's answers in one easy solution. Midlife crises are more and more rampant too, as people of all ages no longer know who they truly are. The constant noise of cell phones, TV, advertisements and instant gratification has allowed people to immerse themselves in distractions, to keep them from pondering life's greatest mysteries.

As the world faces an identity crisis and the breakdown of what it even means to be human, it begs the question: Who are we? What is the meaning of life? Even Christians struggle with this question. Society has broken into people's personal lives and broken-down norms that used to be followed without question. Now Christians are faced

with discovering who they are in an ever-changing world where nothing is out of the question, not even gender. The idea that "everything goes" has only made the longing for something else even deeper.

But as Christians, we do not have to stay stuck in this mindset. Who we are is children of God. Our identity is not a burden, but a blessing. It gives us the guideline needed to discover who we truly are within this one body of Christ. It allows everyone to find their gifts, talents and passions and understand them as coming from the Lord. This helps us to realize how we fit into this world and that what we were meant for is to serve God and each other, not ourselves.

When we remember we do not belong to this world, but are servants and pilgrims of the world, who we are makes sense. When we know who we are as God's beloved children, then we can discover even more of our identity.

I was 21 years old when I finally realized this. My own identity crisis left me lost and without direction, as I felt no calling to a specific career. In the world of young adults, what we "do" with our lives seems to be the most fundamental aspect of who we are. Finally letting go of needing to know this answer brought me true peace and helped me discover my true identity. It took trusting God during years of working in a factory to realize I could find love and joy no matter where I worked, that my job wasn't the most important aspect of my life. I learned how to love the people God put around me, and how to evangelize.



## SWIMMING UPSTREAM

TRICIA TROUT

God prepared me for the job I have now, a job I couldn't have imagined in my wildest dreams; a job that fulfills me and uses my gifts and talents. But if I hadn't let go of control and followed where God led instead of the direction of the world, I wouldn't have discovered these aspects of who I am, aspects of myself that allow me to know myself better and love God more.

Still, this isn't my true identity. My identity comes from God alone.

If you are struggling with your life or know someone who is, be not afraid. It isn't easy, even when we do accept our true identity as Christ's beloved, but it will bring peace. It is the only thing that, in this world, answers our innermost call for love.

We cannot truly know who we are until we know whose we are; God's and God's alone. So whose are you? Do you belong to God or to the world? Because I promise you, if you accept God's love and His call to be His sons and daughters, you will find peace and begin to discover who you truly are.

Trisha Trout is the evangelization and discipleship coordinator at St. Elizabeth Ann Seton Parish, Fort Wayne.

## KAMINSKAS, from page 12

it is stopped and a third one is started.

Studies show that many patients need two or three medications for optimal control. In my practice, if the medication I start is tolerated and lowers the blood pressure some, I will add another medication, and even a third or fourth agent, until I get the blood pressure to where I want it.

Remember, we are made of body and soul. If you take care of your body and strive to stay healthy you will be more capable of doing the work of God as you serve Him here on earth.

To catch the "Doctor, Doctor" show on the radio, tune in to 95.7 FM in Michiana and 106.3 FM in northeast Indiana, or listen anytime on the podcast "Doctor, Doctor."

Dr. David Kaminskas is a board-certified cardiologist and member of the Dr. Jerome Lejeune Catholic Medical Guild of Northeast Indiana, [www.fortwaynecma.com](http://www.fortwaynecma.com).

breakthroughs. We forget that there is almost always an upside to being let down.

But stories like these remind us. And Catholic spirituality is based on storytelling. We gather around water with incense and oil and we tell stories. We pray the mysteries of the rosary. And sometimes we find ourselves living them: sorrowful and joyful, glorious and luminous. Water turned into wine.

Christina Capechi is a freelance writer from Inver Grove Heights, Minnesota.

## CAPECCHI, from page 12

changes," she told me. "Also, getting through the pain helped me fully realize that I had the strength to make such a bold move."

I've been asking for stories of silver linings, and I haven't been disappointed. At a birthday party on a sweltering Saturday, someone pulled me aside and described the bad teacher who had helped make him a good teacher. He learned so much from an experience he had wished away as a teen.

The following Saturday, at another birthday party, I heard how a tornado knit together a neighborhood.

"Suddenly we all had the same weekend agenda," a 50-something dad explained.

Neighbors shared hamburgers and power tools. Kids befriended other young explorers, climbing fallen trees. Decades later, they remain close.

Sometimes in the spiritual life we are like the toddler at the toy store: fists clinched; minds closed. We do not trust God's master plan. We cannot see the bigger picture, how the break-ups and breakdowns lead to

# SCRIPTURE SEARCH®

Gospel for September 15, 2019

Luke 15:1-32

Following is a word search based on the Gospel reading for the 24th Sunday in Ordinary Time, Cycle C: the extravagance of God's love. The words can be found in all directions in the puzzle.

COLLECTORS	WELCOMES	SINNERS
PARABLE	SHEEP	LEAVE
NINETY-NINE	FINDS IT	FRIENDS
NEIGHBORS	FOUND	MORE JOY
ONE SINNER	WOMAN	COINS
LIGHT	A LAMP	SWEEP
HOUSE	CAREFULLY	ANGELS

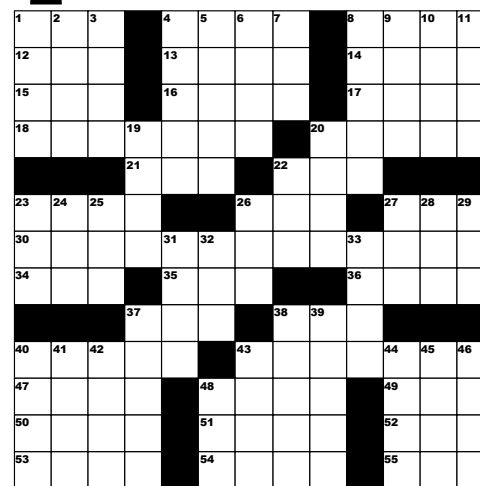
## JOYFUL FINDS

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 O F S E L B A R A P C C  
 M O R E J O Y N A E R S  
 A J O I L Y A A N E E R  
 N A B D E D L I G W N O  
 K L H S I N N E R S N T  
 L A G W L Y D P A R I C  
 I M I R T E V S A V S E  
 G P E E H S G T N R E L  
 H D N U O F D N T I N L  
 T I S D N I F J A J O O  
 N M M Y L L U F E R A C

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# The Cross Word

September 15, 22  
and 29, 2019



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Readings: Ex 37:7-11, 13-14; 1 Tm 1:12-17; Lk 15:1-10 and Am 8:4-7; 1 Tm 2:1-8; Lk 16:1-13 and Am 6:1, 4-7; 1 Tm 6:11-16; Lk 16:19-31

### ACROSS

- 1 Not New Testament
- 4 "\_\_\_ one & love the other"
- 8 Do to potatoes
- 12 Pastry
- 13 "Forever and \_\_\_"
- 14 "For \_\_\_ us a child is born"
- 15 Snaky fish
- 16 Spaceship builders
- 17 Immortal part of us
- 18 Guilty party
- 20 Cent
- 21 "Measures of olive \_\_\_"
- 22 Past tense of "be"
- 23 Association (abbr.)
- 26 Mouser
- 27 Sticky black substance
- 30 Mix into tacos (2 wds.)
- 34 "An \_\_\_ for an \_\_\_"
- 35 Wall plant
- 36 The Golden \_\_\_
- 37 Ripen
- 38 Food and Agriculture Organization (abbr.)
- 40 Sells for money
- 43 Christ came to save \_\_\_
- 47 Branch
- 48 \_\_\_ pong
- 49 "\_\_\_ to the complacent"

- 50 Rational
- 51 Totals
- 52 First woman
- 53 Egg colorer
- 54 God did on day 7
- 55 Representative

### DOWN

- 1 Oil producers
- 2 Instead
- 3 Dale
- 4 \_\_\_ Matisse, painter
- 5 Benefit
- 6 Try
- 7 Epoch
- 8 Hebrews' leader
- 9 After awhile
- 10 Surprise
- 11 "Lifting up \_\_\_ hands"
- 19 Small lake
- 20 Forest trail
- 22 Women's Air Corps
- 23 Expert
- 24 Bashful
- 25 Bishop's turf
- 26 "The \_\_\_ of the poor"
- 27 Chinese drink
- 28 Sign language
- 29 Arbiter
- 31 Makes a hole
- 32 "\_\_\_ Maria"
- 33 Economics abbr.
- 37 God's blazed up
- 38 \_\_\_ lost sheep
- 39 Anxiety
- 40 Stress disorder
- 41 "\_\_\_ in the Manger"
- 42 "Drink \_\_\_ from bowls"
- 43 Not front or back
- 44 Water pitcher
- 45 Wander
- 46 Ooze
- 48 Average work performance

Answer Key can be found on page 15

# Indianapolis Colts chaplain focuses on players' lives and faith

BY JOHN SHAUGHNESSY

INDIANAPOLIS (CNS) — As the Catholic chaplain for the Indianapolis Colts, Father Douglas Hunter has access to the training facility, the team meetings and the sidelines during games. He's even there in the locker room when head coach Frank Reich talks to the players, including the times the Colts' leader has shared this constant message: "Get 1 percent better every day."

Father Hunter also stays in contact with Chris Ballard, the Colts' general manager and a fellow Catholic, in good times and in bad, such as the Sept. 8 season-opener, a 30-24 overtime road loss to the Los Angeles Chargers.

Father Hunter, as keynote speaker at a 15th anniversary celebration dinner Aug. 27 of Catholic Radio Indy, said his choice to become a priest — he was ordained in 2016 — led to a phone call he never expected.

"About two years ago, I received a call from the now-late Father Glenn O'Connor. He said, 'the Colts are looking for a chaplain, and I think you would be great.' I said, 'Me?' He said, 'Yeah, you. They need a big guy over there, and you're the biggest one I found.'"

Father Hunter was honored by Father O'Connor's faith in him and drove to the Colts' complex



CNS photo/courtesy of Father Douglas Hunter  
**Father Douglas Hunter, Catholic chaplain for the Indianapolis Colts football team, is pictured in an undated photo.**

for an interview with Ballard, not knowing at the time who Ballard was.

"It was not intimidating at all," Father Hunter recalled about that meeting. "We talked about faith more than we talked about football. I thought, 'I like this guy. This might work out.'"

"I asked him, 'What's the first thing you want me to do?' He said, 'I want you to be present. Be present to the guys. It's going to take about a year for them

to get to know who you are. It's going to take a year for them to trust you. The more you're present to them, the more they'll trust you and like you. They'll bring you in eventually."

Father Hunter met with Joe Reitz, a former offensive lineman for the Colts who is also Catholic, and who advised the priest just to be with the players and talk with them.

"So I started going to the training facility. I started going to the training camps. I'm there on the sidelines. After talking with Joe and then talking with Chris again, I start finding out who my Catholics are. There's a few here at Mass. There's a few more there. And then I start finding out other staff members who are Catholic. And I start inviting each and every single one of them to the liturgy that we have at the hotel" on the evenings before home games.

He recalled the time one of the Colts introduced himself, which led to a conversation in which Father Hunter focused on him as a person instead of as a football player.

"When others saw that I was talking and sitting with him, then others started coming by and started talking more and more and more. I found the best time to talk to these guys is at lunch time. One, I get a free meal. And two, we can talk," he said.

"Basically, it's exposing the

faith to them but not imposing it upon them. When you do that, you're not as threatening," he added.

"I had one guy showing me how to throw a football. That gives us a chance to talk about the faith. And the more I talked to him, the more I realized this guy is Catholic. He's also introducing his girlfriend to the faith, which is wonderful because they're talking about marriage within the Catholic Church."

Father Hunter explained his approach to the players this way: "I know them by name, not by fame or fortune."

"Approaching them in their humanity," he told the audience: "I don't care what kind of car they drive, how much money they make or where they're from. I'm just treating them as Jesus would treat them."

He said sometimes when he finds out they're injured, he will call, text or write a note and put it in their mailbox, telling the players he is thinking about them and that they can call if they need anything.

He also encourages the players to be there for others and to share their commitment to their faith, reminding them they have a platform that no one else has.

"A lot of these guys are not as apt to sharing their faith publicly as many of us think they would. I tell them I see you have 50,000 people plus on social media. You could spread the word, or you

could evangelize or show people how you're a disciple of Christ. They say, 'Oh, OK.' They try it, and they do it."

He told the audience that at one point, he struggled with his ministry, wondering what he was doing there, and just at that moment a player asked to speak with him.

It turned out the player wanted to learn more about the Catholic faith and showed an interest in participating in the Rite of Christian Initiation of Adults program. The player and the chaplain had a long talk as they walked together from the practice field. Their conversation ended with the player thanking Father Hunter for taking the time to talk.

Then at lunch, he talked with another player who told him about his life.

"We never talked football," Father Hunter said. "When I got to my car, I said, 'OK, Lord, I see how it is you're working through me. And I really appreciate that.'"

As he put it, the job really is "just being there for them. It's a ministry of presence, just showing them that Jesus loves them, that someone cares about them, that someone wants to actually know who they are on that personal level."

John Shaughnessy is assistant editor of *The Criterion*, newspaper of the Archdiocese of Indianapolis.

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# WHAT'S HAPPENING?

**WHAT'S HAPPENING** carries announcements about upcoming events in the diocese. View more Catholic events and submit new ones at [www.todayscatholic.org/event](http://www.todayscatholic.org/event). For additional listings of that event, please call the advertising sales staff at 260-399-1449 to purchase space.

**Exodus-Ninety Days**

**FORT WAYNE** — A talk by Father Andrew Budzinski on how "Exodus-Ninety Days" has changed his life will be Tuesday, Sept. 17, 7-8 p.m. at St. John the Baptist Church, 4500 Fairfield Ave. This talk is geared towards the gentlemen of the diocese. Contact Stephanie Norris at 260-744-4393 or [snorris@stjohnsfw.org](mailto:snorris@stjohnsfw.org).

**Rejoice Women's Retreat**

**PLYMOUTH** — The 2019 Rejoice Women's Retreat, titled "Mary, the Paradise of God and Temple of Holiness and Love" will be Dec. 6-8 at Lindenwood Retreat and Conference Center. The retreat director is Father Kevin Joyce, a priest in the Archdiocese of Omaha. Registration opens Thursday, Sept. 12 and usually fills within 6 weeks. Space is limited to 135 participants.

Register online at [www.diocese-fwsb.org/rejoice](http://www.diocese-fwsb.org/rejoice) or call Melissa Belleville at 260-399-1447.

## The CrossWord

Sept. 15, 22 and 29, 2019

OLD	HATE	MASH			
PIE	EVER	ONTO			
EEL	NASA	SOUL			
CULPRIT	PENNY				
	OIL	WAS			
ASSN	CAT	TAR			
CHEDDAR	CHEESE				
EYE	IVY	CALF			
	AGE	FAO			
PAWNS	SINNERS				
TWIG	PING	WOE			
SANE	ADDS	EVE			
DYER	REST	REP			

## REST IN PEACE

**Decatur**

Donald D. Schmitt, 89, St. Mary of the Assumption

**Fort Wayne**

Delbert Minnick, 94, St. Charles Borromeo

Teresa A. Croy, 82, St. Joseph - Hessen Cassel

Robert L. Hemrick, 86, St. Joseph - Hessen Cassel

Tim Koesters, 67, St. Vincent de Paul

Rita Brinker, 74, St. Vincent de Paul

Georgianna Barge, 76, St. Vincent de Paul

**Goshen**  
Kathleen Devine, 97, St. John the Evangelist

**Granger**  
Theresa Stypczynski, 88, St. Pius X

Doreen Pierce, 97, St. Pius X

Catherine Koscielski, 89, St. Pius X

Eleanor Krizman, 90, St. Pius X

Larry Shute, 63, St. Pius X

**Mishawaka**  
C. Ronald Hahn, 79, St. Bavo

**Waterloo**  
Jane F. Stafford, 82, St. Michael the Archangel

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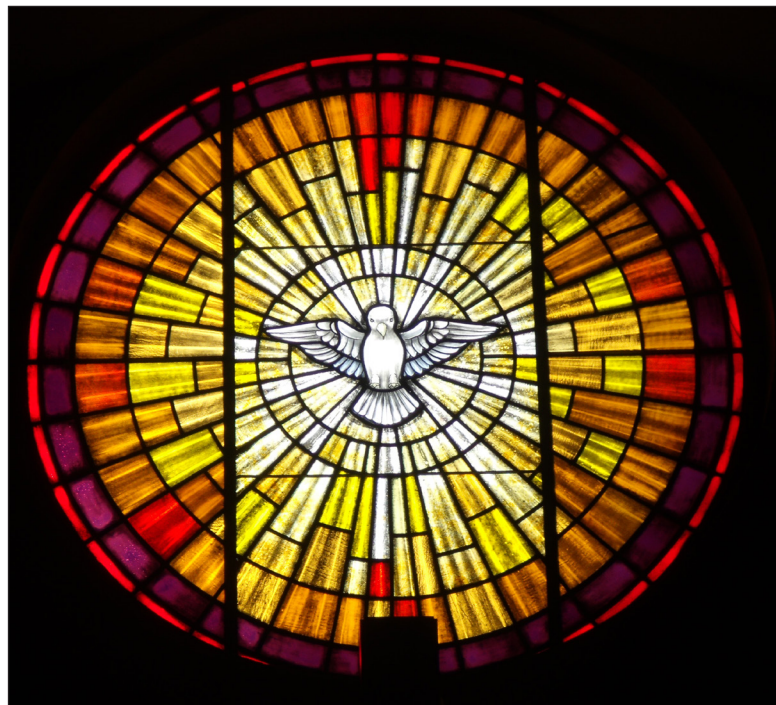
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Above, the Holy Spirit is depicted in a stained-glass window of Our Lady of Guadalupe Church, Warsaw. At right, the Thangam family of St. Michael Parish in Plymouth stand with newly confirmed Lucas and Bishop Kevin C. Rhoades.



#### CONFIRMATION, from page 1

Belonging, a support group for families and advocates of persons with disabilities, sprung from such a conversation and is flourishing. In this case, one child's need has helped entire schools and parishes.

Questions of handicapped church parking or seating at diocesan events that were perhaps never considered before are now being addressed in a collaborative effort across diocesan offices. For the confirmation Mass, the offices of hispanic ministry, worship, catechesis, communications and Sturm's office worked together in planning and hosting the Mass and reception.

The website explains: "Children and adults with disabilities and their families need faith communities that provide the necessary accommodations so that they feel welcomed and experience a sense of belonging. In 2017, United States Catholic Conference of Bishops (USCCB) released the Revised Edition of the "Guidelines for the Celebration of the Sacraments with Persons with Disabilities. The information regarding Sacraments are intended to help families, priests, parish staffs, and diocesan personnel work together to make our parish communities places where individuals with disabilities and their families can have full and meaningful participation in the Mass and Sacramental life of the Church."

Inside the guidelines document, the section on confirmation emphasizes, "All baptized Catholics who possess the use of reason may receive the sacrament of confirmation ... Persons who because of intellectual or developmental disabilities may never attain the use of reason can receive the Sacrament of Confirmation and should be



Photos by Jennifer Miller

Area pastors concelebrated the confirmation Mass with Bishop Rhoades. From left are, Father Andrew Budzinski, Father Constantino Rocha, Father David Voors, Father Fernando Jiménez and Deacon Marco Castillo. Each of their parishes had a candidate for the sacrament present at the Mass.

encouraged either directly or, if necessary, through their parents, to receive it."

Each of the candidates were prepared by their individual parish. Several, upon being anointed, shed tears or shouted joyously.

Ann Cozad, the aunt and sponsor of one of the young people who were confirmed, explained how the family had considered preparing her for the sacrament for many years, but until now, wasn't sure how it would work.

"Today's Mass was much better. There was space, quiet, concentrated attention — and I loved the bilingual part," Ann shared, smiling.

Bishop Rhoades spoke to the parents and families of the candidates, saying, "Thank you for making your homes a domestic church, where Christ is honored and loved."

"You bring them here to receive the love and grace of God in the sacrament of confirmation. You already did years ago, when you brought them to church to

receive the sacrament of baptism, to become part of the body of Christ and receive the divine life, but that was not enough! You bring them here today, to now receive the fullness of baptismal grace."

Bishop Rhoades continued, "God's grace is for everyone. You have welcomed your child, a beautiful gift of God. And today, the Church again welcomes them to receive the fruits of the Holy Spirit. As the parents welcome them with love, so does your Christian family and the Church welcome them with love."

During the homily he also highlighted the space, first a shrine and then a parish, where they were celebrating Mass. "Santísima Madre, who appeared on our continent, we ask you to intercede for our confirmandi and their families." Bishop Rhoades also spoke of another special young person, St. José Sánchez del Río, whose painting and relic reside at Our Lady of Guadalupe Church.

"He gave his life by defending the faith. He was only 12 or 13,

a young martyr, and the Holy Spirit filled him with courage to give his life for the faith. What a great model and example."

To receive Communion, immediate and extended families — such as that of Alyssa Lamas of St. Patrick, Fort Wayne — came up to both physically and spiritually support and guide her to Jesus. The communion hymn, "Pan de Vida," softly pronounced the words of faith and love. One verse in particular echoed the beautiful reality and celebration of the special Mass: "At this table, the last shall be first."

Maria del Real of Our Lady of Guadalupe Parish, the mother of Giovanni, shared after Mass: "When he was little, he followed me, but now, I follow him. We are still showing and sharing, teaching him what God's love is."

Before the final blessing, Bishop Rhoades looked around at the faithful, thanked the many people and offices who collaborated together. He said it was "a real privilege to confirm these young people."

## Singles for Christ organization grounds daily life, says meeting attendee

BY KATIE SCOTT

PORTLAND, Ore. (CNS) — JD Duran was 2 when his parents noticed something was off. He could run and walk, but he was tripping far more than a typical toddler.

Concerned, they met with numerous doctors in search of answers. Eventually their son received a diagnosis — Charcot-Marie-Tooth disease, a degenerative nerve disorder.

"I didn't always need a wheelchair," Duran, now 24, told a crowd of Catholics at this year's national Singles for Christ conference. Though his disease is not considered fatal, it's characterized by progressive loss of muscle tissue and sensation across various parts of the body. How it will affect him long term is unclear.

What did become clear through intense prayer is that "Jesus — He's got me covered," said the member of St. Charles Parish in Northeast Portland.

Duran's story of moving from fear and uncertainty to solace and strength was one of many testimonies shared at the 25th Singles for Christ conference. The love of God, the power of community and the need to share one's gifts were among the central messages of the Aug. 2-4 gathering, which brought around 350 young adults from across the country to Portland.

"The church is where God exists in the world," said Tina Leung, an Oregon-based pastoral missionary with Couples for Christ Family Ministries USA and a conference organizer. Attendees were reminded that God "really speaks through your brothers and sisters and community," who help you recognize "things aren't that bad, that things will get better and he still loves you no matter what," she said.

The event's packed schedule included Masses, praise and worship, the rosary, opportunities for confession, and a series of talks and workshops. To glorify God through their talents and encourage creative evangelization, there were competitions in dance, poetry, photography, T-shirt design and video.

"Art is such a gift from God," said event organizer Patrick Coronel, a pastoral worker for Couples for Christ USA in Florida. "Giving our young adults a place, a platform, a stage to just express their prayer in a different way than traditional prayer is always super inspiring."

Maryland will host next year's national conference.

Katie Scott is special projects reporter at the Catholic Sentinel, newspaper of the Archdiocese of Portland.